

President's message

On service note...

Let me start my first president's message by stating the obvious: *PAIRO rocks.*

I have had the chance of being involved at PAIRO for over 5 years now, and I am continually amazed at how much is accomplished for our members. It will be part of my job as president to demonstrate this to you.

Watch out for issues we are working on such as the new contract,

resident well-being, limited licensure, the recruitment tour, an improved website, long-term disability, and much, much more.

My plans for the year? Let me summarize with 5 priorities:

1. Communicate

Improved interaction at the level of the Executive, General Council, and most importantly the membership. Site visits will be enhanced, Progress Notes will continue to progress, and PAIRO will simply be more visible. I am also hoping to strengthen our link to medical students.

2. Advocate

More than ever, we must be advocates for resident well-being, education, and working conditions. Our lives are stressful, expensive, and time consuming. Someone has to look out for us, and PAIRO will definitely do its best to help. Remember that we are all PAIRO (insert group hug here).

3. Collaborate

I have always thought it is beneficial to be Joe Collaborator. PAIRO relations with a lot of key stakeholders are excellent—groups like the Ministry of Health, the Deans, and the CPSO. We want to capitalize on this to the betterment of our members.

4. Negotiate

The new contract is currently under negotiation, and we want to make it the best ever. We have heard what the membership wants, and we are out to get it.

5. Educate

PAIRO is a fantastic organization with a distinguished past, and a huge mandate. We have a lot to be proud of, and it will do us well to educate others about who residents are and what we do. Whether it is our educators, our employers, the government, or the press, we will do our best to speak well for and of residents.

I am very thankful that I am involved at PAIRO, and I trust it will be another great year. We could always use more help, so please let us know if you wish to be involved in any way, especially as a General Council representative.

I also consider myself Joe Accessible, so please feel free to email me. You can also call the PAIRO office toll free at 1 877 979-1183 -if I'm not there, they know how to find me.

Cheers,

Joe

joseph_mikhael@pairo.org



When you need to talk...

When you need help...

We're here 24 hours a day.

PAIRO 24HR

toll free

HELPLINE

1 866 HELP DOC

100% confidential and anonymous

All calls are answered by Distress Centre volunteers who are from non-medical backgrounds and not affiliated with PAIRO or any universities

▶ PAIRO Exec election results

Elections were held on June 7th for the 2002-2003 PAIRO Executive. The outcome of these elections are as follows:

President: Joe Mikhael (Toronto, Hematology)

Past President: Leslie Buckley (Toronto, Psychiatry)

Vice President: Kevin Lefebvre (Wester, General Surgery)

Treasurer: Eileen deVilla (Toronto, Community Medicine)

Secretary: André Michon (Sudbury, Family Medicine/Emerg)

Members at Large: Geoff Hung (Queen's, Paediatrics)
Chris Jackman (Western, Ophthalmology)
Tammy Leon (Ottawa, Anaesthesia)
Heather MacDonnell (Ottawa, Paediatrics)
Laura Musselman (McMaster, General Surgery)
Hasan Zaidi (Ottawa, Internal Medicine)

Board of Directors*: Hasan Zaidi (Ottawa, Internal Medicine)
Sohal Goyal (Ottawa, Family Medicine)

**Term ends October 2002*

▶ Your new PAIRO manual

If you did not receive a 2002-2003 Members' Manual (blue book) in the mail this summer please contact the PAIRO office. And, if you know of any colleagues who are not receiving mailings, please advise them to contact us.

Toronto Reps needed for PAIRO's General Council

There remain positions for Toronto representatives and alternates on PAIRO's General Council (PAIRO's decision-making body). You will recall that for Toronto we have switched this year to a program-based type of representation. If you are interested and/or require further information please contact the PAIRO office (paipro@paipro.org or 416-979-1182) ASAP. The new GC will meet at the beginning of September and we would like to have all reps/alts in place to attend this orientation meeting in time.

▶ Call for nominations: OMA Resident Achievement Award

The 2002 OMA Resident Achievement Award is open for nominations. Nominations are to be made to PAIRO in accordance with OMA direction. The award is given to one resident who has made an outstanding contribution to the advancement of postgraduate training.

The PAIRO General Council will choose the name to be submitted to the OMA at our October 4th, 2002 meeting. Nominations must be received at PAIRO by October 3rd accompanied with a letter of support for the nomination detailing the reason the individual is being nominated.

Resident reps needed for Toronto internal reviews

Internal reviews of Programs at the University of Toronto will be taking place this fall in the programs listed below. A resident representative is required at each of these reviews (only requirement is that you cannot review your own program nor have done many rotations in that program).

Paeds Cardiology	Tues September 17th	8am to 12:30pm
Otolaryngology	Wed September 18th	12pm to 4pm
Thoracic Surgery	Fri September 27th	8am to 12pm
Medical Microbiology	Wed October 2nd	8am to 12pm
Hematological Pathology	Tues November 19th	12pm to 4pm
Emergency Medicine	Tues December 10th	8am to 1:30pm

If you are interested please contact the PAIRO office at paipro@paipro.org or 416-979-1182.

The OMA Resident Achievement Award will be presented at the OMA's annual installation and Awards ceremony sometime in 2003.

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Editor: Leslie Buckley, MD, MPH
Coordination and Layout: Laurie Barnett

Your comments and submissions are always welcome. Please send them to:

progressnotes@paipro.org

▶ PAIRO-OCOTH agreement

Negotiations with OCOTH for our Collective Agreement continue.

Until such time that a new Agreement is in place, the previous agreement remains in effect. For those of you who have recently graduated on to practice or elective fellowship training, make sure that your payroll centre has a forwarding address in the event that we are able to negotiate retroactive increases.

▶ PAIRO group Long-Term Disability plan premium increase

As a PAIRO member you are automatically covered under the group LTD plan during your residency. This is the only benefit you pay for and the premiums are deducted from your salary. The LTD plan offers:

- automatic coverage for all members regardless of health history;
- no applications to complete, no medical, etc.;
- generous non-taxable benefits—70% of income (tax-free) prior to disability;
- no elimination or waiting period as LTD begins immediately when salary continuance stops; and,
- benefits are payable for total disability, or for partial disability as part of a rehabilitation program.

Standard Life Assurance Company, the carrier of PAIRO's LTD plan for its members, has informed us of an increase to the monthly premiums. The current rate of .518% of salary will increase to .742% of salary, effective August 1, 2002. For a PGY2 resident, this translates to an additional \$ 8.78 per month (from \$ 20.31 to \$ 29.09 per month). Eckler Partners (PAIRO's benefits consultant) has analyzed this increase, and in light of the ever-increasing number of claims has confirmed that it is in keeping with current industry trends. Even with this increase, our group's rate is still far below that of other professional groups.

This increase will be included in the deduction for the August 2002 premium.



▶ CORE update

At the June CAIR Board of Directors meeting the Accreditation Manual for residents that CORE had spear-headed was approved and will be distributed to residents across the country in advance of accreditation visits.

Two abstracts have been accepted for presentation at medical education conferences. One on cross coverage was recently presented at the 10th Ottawa Conference on Medical Education. The second, entitled "Service: Education Balance", is the result of a discussion paper being developed at the Postgraduate Education Committee of the Council of Ontario Faculties of Medicine. It will be presented at the RCPSC Annual Meeting in September.



PAIRO Executive members Eileen deVilla, Leslie Buckley and Joseph Mikhael present to the Romanow Commission on Health Care in Toronto on May 29th 2002.

Coming soon to a university centre near you...

The 2002 Health Professionals Recruitment Tour, "Recruiting for Healthy Communities", will travel to your city during the week of September 30th to the 4th of October.

The goal of the Tour is to provide a forum for residents, students, established professionals and communities to get together to discuss practice and lifestyle opportunities in underserved areas of the province. To date we have 88 communities and organizations from northern and southern underserved Ontario registered to participate. In an effort for you to arrange time off to attend the Tour and Educational Seminars, please find details and the schedule listed below. If you have any questions, please contact Kelly Kernohan, Tour Coordinator at kelly_kernohan@pairo.org or at 1-877-979-1183.

Other employment opportunities

PAIRO Resident Placement Program - Wondering what you're going to do after graduation? We're here to help you get your show on the road.

PAIRO provides a unique career assistance program for all family and specialty residents. We offer consultation on practice opportunities and incentives in Ontario and provide you with practice management tips and information to help you get started in your career. Interviews will be held in Fall 2002 and Winter 2003 at each academic learning centre. You will be informed of these dates in September via mail and/or email. Consultations can also be done at any time by phone or email for your convenience. Contact Charlotte Kirby, Resident Placement Officer at 1-877-979-1183 or rpp@pairo.org.

In the meantime, you may want to bookmark the **PAIRO Registry**, www.pairoregistry.com, for a list of locum and permanent job opportunities in underserved areas in Ontario. New opportunities and community sites are added on a weekly basis.

And finally, here are some additional places to look for practice opportunities: Medical Post, Ontario Medical Review, CMAJ, Canadian Journal of Rural Medicine, Canadian Family Physician.

RECRUITING FOR HEALTHY COMMUNITIES

HEALTH PROFESSIONALS RECRUITMENT TOUR

TOURNÉE DE RECRUTEMENT DE PROFESSIONNELS DE LA SANTÉ

RECROTER POUR DES COLLECTIVITES EN SANTE

2002

NEW EDUCATIONAL SEMINARS AT ALL SITES
18:15h - 17:15h
(Toronto 14:15h - 13:15h)
Unique Rural Skills:
Rural Medicine 101

17:30h - 18:15h
(Toronto 15:30h - 16:15h)
Rural Education in Ontario:
Pathways and Opportunities

18:30h - 19:15h
(Toronto 16:30h - 17:15h)
Practice Management:
Getting Started as a Professional

NOUVEAUX ARIERS À TOUS LES SITES
18 h 15 à 17 h 15
(Toronto 14 h 15 à 13 h 15)
Médecine en région rurale:
une expertise à cultiver

17 h 30 à 18 h 15
(Toronto 15 h 30 à 16 h 15)
Formation en région rurale:
une occasion d'occasions

18 h 30 à 19 h 15
(Toronto 16 h 30 à 17 h 15)
Gestion de cabinet:
les fondements essentiels

MONDAY, September 30
Ottawa
Reception 16:00h - 20:00h
Cromer Plaza
(International Ballroom)
181 Lyon Street

TUESDAY, October 1
Kingston
Reception 16:00h - 20:00h
Petersburg Olympic Harbour
(Ballroom)
33 Forge Street

WEDNESDAY, October 2
London
Reception 16:00h - 20:00h
Thompson Recreation and
Athletic Centre UWO
1151 Richmond Street North

THURSDAY, October 3
Hamilton
Reception 16:00h - 20:00h
Hamilton Convention Centre
(Owenbyth AB & Concourse)
1 Summers Lane

FRIDAY, October 4
Toronto
Reception 14:00h - 18:00h
Shannon Centre Toronto
(Dominion Ballroom)
121 Queen Street West

LUNDI, 30 septembre
Ottawa
Accueil de 16 h à 20 h
Cromer Plaza
Salle de bal International
181, rue Lyon

MARDI, 1^{er} octobre
Kingston
Accueil de 16 h à 20 h
Petersburg Olympic Harbour
Salle Ballroom
33, rue Forge

MERCREDI, 2 octobre
London
Accueil de 16 h à 20 h
Thompson Recreation and
Athletic Centre
1151 road, rue Richmond

JEUDI, 3 octobre
Hamilton
Accueil de 16 h à 20 h
Palais des congrès de Hamilton
(Salle Wentworth AB et Hall)
1, rue Summers

VENDREDI, 4 octobre
Toronto
Accueil de 14 h à 20 h
Centre Shannon Toronto
Salle de bal Dominion
121 rue Queen, rue Queen

Ontario's northern and rural communities invite:

- physicians (family and specialist)
- nurse practitioners
- nurses
- physiotherapists, occupational therapists
- speech language pathologists
- audiologists and chiropodists

to discover what underserved areas have to offer:

- a more fulfilling practice
- a better quality of life
- financial recognition for your services

Les collectivités rurales et du nord de l'Ontario invitent:

- médecins (de famille et spécialistes)
- infirmières (praticiennes/nurses)
- infirmières
- physiothérapeutes et ergothérapeutes
- orthophonistes
- audiologistes et podologues

à découvrir les avantages des régions peu ou mal servies:

- un exercice plus satisfaisant
- une plus grande qualité de vie
- prime d'exercice et une rémunération qui va loin

Tour sponsored by:
the Ministry of Health
and Long-Term Care
and
the Ministry of Northern,
Development and Mines

Tour Co-ordinator:
Kelly Kernohan, PAIRO
Suite 1402, 585 University Avenue
Toronto, ON M5G 1X3
1-877-979-1183 or 416-979-1183
www.pairo.org
kern@pairo.org

Représentée commanditaire par:
le ministère de la Santé
et des Services de Longue Durée
et par
le ministère des Mines et du
Développement durable

Coordination de la tournée:
Kelly Kernohan, PAIRO
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