



The Canadian Association of Internes and Residents (CAIR) celebrates its **9th annual National Resident Awareness Day** on **Tuesday, February 9, 2010**. This day acknowledges our members and the multi-faceted role they play in Canada's health care system.

Medical residents are physicians who:

- are now training in a specialty such as surgery, family medicine, or psychiatry, etc.;
- deliver round-the-clock frontline medical care to patients and their families in intensive care units, surgical and medical wards, outpatient clinics and other hospitals and community facilities;
- are active in academic research and make significant contributions to medical education; and
- teach medical students, peers, and other healthcare professionals.

CAIR works on behalf of its over 7, 500 members to improve their lives in such areas as medical education, personal well-being, and professionalism. As well, CAIR works, on behalf of all medical residents, in collaboration with other national health organizations to improve patient care and explore new approaches in the delivery of health care in Canada.

Today, and over the next few weeks, a number of events will be held across the country to celebrate Resident Awareness Day. For more information about these events in your region, contact:

www.par-bc.org

www.para-ab.ca

www.usask.ca/pairs

www.parim.org

www.pairo.org

www.parimp.ca

www.pairn.nl.ca

On behalf of the CAIR Board of Directors, I invite you to join us in wishing every resident a Happy Resident Awareness Day.

Be proud of your contributions to ensuring the health of Canadians! Remember, *the future of medicine is here. Voici l'avenir de la médecine.*

Noor Amin, MD
CAIR President 2009-2010